



## MEDIA RELEASE

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**“Lust, Men and Meth” by  
Psychotherapist David M. Fawcett  
Wins Best Nonfiction Award from *POZ* Magazine**

**Groundbreaking Book That Helps  
Gay Men Cope with Meth Addiction  
Marks First Anniversary of Publication**

**“In *Lust, Men and Meth*, David Fawcett proves himself one of the few psychotherapists today who fully understands the critical importance of treating shame, sex addiction and crystal meth addiction together. He is a compassionate advocate for evidence-based treatment that can help our gay brothers caught in this addictive epidemic.”**

**—Alan Downs, clinical psychologist and author of *The Velvet Rage: Overcoming the Trauma of Growing Up Gay in a Straight Man's World*.**

**FORT LAUDERDALE, FL — *Lust, Men and Meth: A Gay Man's Guide to Sex and Recovery* (Healing Path Press) by South Florida-based author and psychotherapist David Fawcett has been honored with the *POZ* Magazine Award in Media and Culture for 2016 Best Nonfiction Literature, issued in December.**

This unique book, which provides a roadmap to recovery for gay men suffering from methamphetamine addiction and related sexual compulsion, was voted upon by the magazine's readers. *POZ* editors praised Fawcett and his powerful book:

“Though written as a guide for gay men struggling to overcome meth addiction, which affects many living with HIV, and for the doctors that support them, David Fawcett, PhD, and his sociological eye make this an amazing read for anyone, not just those struggling with or helping someone with an addiction. Through reading this book, the reader becomes more intimately familiar with the many psychological, emotional and social traumas haunting gay men today.”

David Fawcett talks of the urgency of combatting meth in the gay male community in this video: <https://vimeo.com/181207591>

The honor by *POZ* concluded a year of extensive community outreach by David Fawcett. The veteran psychotherapist began a multi-project partnership with the U.S. government's Substance Abuse and Mental Health Services Administration. In July, Fawcett appeared on

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SAMHSA's "[Road to Recovery](#)" television and radio show for National Recovery Month. He took part in their August [webinar](#) on HIV/AIDS and substance use (login required). Finally, Fawcett consulted on SAMHSA's "[HIV and Aging Toolkit](#)" (login required).

Fawcett also presented at conferences across America, such as the October, 2016, US Conference on AIDS in Hollywood, Florida, and the January, 2017, Finding Freedom conference in Palm Springs, where he led a day-long workshop on meth and sex addiction.

**"David Fawcett's important book *Lust, Men and Meth* provides a much-needed action-plan for the complex phenomenon of meth-sex affecting so many. David is at the front lines and his help comes from real life, in real time, helping so many."**

**—Brad Lamm, CIP, Founder Breathe Life Healing Center**

David Fawcett's book tour for ***Lust, Men and Meth: A Gay Man's Guide to Sex and Recovery*** took him across America, speaking to individuals and community organizations in New York City, Washington, DC, Seattle and the Miami area.

***Lust, Men and Meth*** was based on David M. Fawcett's 13 years of therapy work with gay men struggling with substance abuse. *Lust, Men and Meth* is the first practical guide to offer steps towards a life free of meth addiction. Indispensable for both gay men and healthcare professionals, *Lust, Men and Meth* includes relapse-prevention skills to support the therapeutic work crucial to regain sexual and emotional intimacy that is unshackled from methamphetamine use. The book asks readers to address the self-esteem and sexual intimacy issues that lie at the heart of most addictive behavior among gay men.

***Lust, Men and Meth*** is divided into three parts: **The Perfect Storm** assesses individual personality traits and gay cultural norms that spark meth addiction; **Exploring the Sexual Universe** explores meth's role in rewiring gay male sexuality, resulting in risky behavior and seroconversion; and **Restoring Your Life** provides tools for meth addiction recovery and restoring drug-free intimacy.



**"As ChemSex/PnP culture becomes increasingly pervasive within our communities, we need compassionate, sobering voices to guide us through the plethora of challenging issues it raises. David Fawcett provides that voice; *Lust, Men and Meth* is a shining resource during a complicated time for gay men's wellbeing."**

**—David Stuart, Substance Use Lead, ChemSex clinics, London**

David Fawcett has co-founded numerous task forces and organizations dedicated to addressing meth use and HIV in the gay communities of Florida and across America. A board member of the Broward County Commission on Substance Abuse, Fawcett helped form the South Florida Methamphetamine Task Force, which he also chaired. He received the 2015 Koch Award for Professional of the Year for Broward National Alcohol and Drug Addiction Recovery Month, and was twice named NASW Social Worker of the Year.

**About the author of *Lust, Men and Meth*:**



**David M. Fawcett, PhD**, is a gay and HIV-positive psychotherapist and writer with a practice in Fort Lauderdale, Florida. He has been at the forefront of the treatment community in South Florida since 2002. His work in gay men's health, addictions and recovery spans three decades. Fawcett has established numerous programs in Florida and beyond, to help gay men in crisis, ranging from emotional matters to HIV and drug-related issues. Fawcett's writing about substance abuse, mental health and HIV appears regularly in [TheBody.com](http://TheBody.com) and other journals, and he is a popular speaker and trainer, presenting workshops in the United States and internationally. [david-fawcett.com](http://david-fawcett.com)

**ATTENTION MEDIA:** For interviews with David M. Fawcett, or a copy of *Lust, Men and Meth*, contact publicist Jay Blotcher at (845) 612-9837 or [imm@publicimpactpr.com](mailto:imm@publicimpactpr.com).